



THE LEGACY OF PAIN – 6:27

What and where are the pains?

How does the “pain” differ between Indigenous and settler peoples?

Lorraine Land talks about institutional racism – where is it; where is it seen or felt?

How is the pain of colonization passed through generations?

What is the significance of spirituality in healing?

What is the cost of “shutting down” as Dr. Martin Brokenleg describes it?

What are the “new stressors” or legacy effects of the Doctrine of Discovery and the Residential School System?