



SOME ANSWERS TO “WHAT CAN I DO?”

If you are not an Indigenous person, find one relationship with an Indigenous party, group, congregation, family, or individual and just foster that friendship. The goal is not to DO something but rather to BE in a real relationship.

If you are an Indigenous person, then I would say the same thing but with a non-Indigenous party or persons. I think these friendships are a crucial building block in a strong Canadian society.

—from Martin Brokenleg

Take time to think: How do I have to change myself in order to do something – anything – to effect change in the relationship between Indigenous Peoples and The Rest of Us.

—from Jean Koning

What surprising insight have you had into the way you have been impacted by the Doctrine of Discovery?

—from Mark MacDonald



Explore your own history and where you came from. We often forget that one of the reasons why Indigenous people were oppressed is because those doing the oppressing were also oppressed!

Learn more about the history of the Indigenous people of the area in which you live. And, then share what you learn with others.

Read the 94 Calls to Action and the United Nations Declaration of Rights of Indigenous Peoples.

—from Ginny Doctor